



Feb – June 2026

**TO: ALL RUGBY ORGANISERS
CLUBS, HIGH SCHOOLS AND PRIMARY SCHOOLS**

Dear Sir/Madam

LEVEL 1 SEVENS COACHING COURSES 2026 (Jan – June 2026)

World Rugby (WR) LEVEL 1 & 2 SEVENS COURSES

Entry Requirements

An active interest in coaching sevens.

Assessment

Level 1

This course is an attendance only course. Participants will be awarded the WR Level 1 Sevens Certificate if they attend all modules of the course and contribute fully.

Delivery Methods

The Level 1 course will be delivered using the following methods:

- Video analysis
- Group work/ case studies and discussion
- Problem solving
- Presentations
- Practical delivery.

MINIMUM DURATION

8 Hours

PRE-COURSE WORK - COMPULSORY

- Coaches must register themselves and complete online tests on the following **passport.world.rugby/**
Level 1 Sevens Pre-requisites:

- Rugby Ready
- Concussion for General Public
- Introduction to Coaching (See Coach Education)
- Key Factor Analysis
- Safeguarding Essentials

• LEVEL 1 WR SEVENS COURSE

COURSE 1			
Day	Date	Venue	Time
Friday	24 April 2026	Newlands	12h00-18h00

- **Dress: Track Suit / Shorts**
- **Fee: R350.00**

Level 2 Sevens Pre-requisites

1. Laws
2. Keep Rugby Clean
3. Concussion for General Public
4. Functional Role Analysis
5. Safeguarding Essentials

NB: FAILURE TO COMPLETE THE ABOVE ONLINE TESTS WILL RESULT IN YOU NOT BEING ELIGIBLE TO RECEIVE A CERTIFICATE FROM WORLD RUGBY, EVEN THROUGH YOU MAY HAVE ATTENDED THE COURSE.

. LEVEL 2 WR SEVENS COURSE

COURSE 1			
Day	Date	Venue	Time

Dress: Track Suit / Shorts

Fee: R600.00

For any further queries regarding the coaching courses please do not hesitate to call Nazeem Adams on 0825319712 or send an e-mail to nazeem@wprugby.co.za

Yours in Sport

Nazeem Adams
Manager Coaching Education

PAYMENT DETAILS FOR LEVELS 1 & 2 WR COACHING COURSES

Please note the following are very important details.

1. EFTs and cheque payments, addressed to W.P Rugby Football Union, are acceptable.

Banking details:	Standard Bank Rondebosch
Account Number:	071510249
Branch code:	025009
Reference:	Coach (Name & Surname)

No cash payments will be accepted at the coaching course.

2. Proof of payment must be emailed to nazeem@wprugby.co.za

Please submit the entry form with the proof of payment.

No application forms will be accepted without prior receipt the registration form and proof of payment.

All payments must be made one week before commencement of the respective course.

3. No late applications will be accepted.

Please use the Reference COACH (Name & Surname) when doing payments. (Example: Coach Nazeem Adams)

For any further queries of the coaching courses please contact Nazeem Adams on 0825319712, or send an e-mail to nazeem@wprugby.co.za

Thank you.

Yours faithfully

**Nazeem Adams
Manager Coaching Education**

LEVELS 1 & 2 WR SEVENS APPLICATION FORM & COACHING PROFILE

Please complete in block capitals

Course date		Course venue		
Course Level	One <input type="checkbox"/>	Two <input type="checkbox"/>		
School/Club:				
Surname:		First Name(s)		
Address:			Postcode:	
Tel (H) / (W)		Cell No.		
E-mail		Fax No.		
Size of T-shirt		ID No.		

Please specify main coaching commitment

Mini-rugby by <input type="checkbox"/>	Junior u/12-u/16 <input type="checkbox"/>	Youth u/17-u/19 <input type="checkbox"/>	Senior <input type="checkbox"/>	Women's Rugby <input type="checkbox"/>
Boksmart accreditation <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>		
Boksmart No.				

Current coaching commitments

Coaching history & other rugby coaching achievement

Playing history & position/s

I, the undersigned, _____
Acknowledge and confirm:

- 1. That I shall attending the course at my own risk and
- 2. That the WPRFU shall not be liable for any claim, irrespective of the nature, and/or any other damages, which I may suffer as a result of, or incidental to, my attendance at the said course.

Signed at: _____ on this _____ day of _____ year _____
in the presence of the undersigned witness.

APPLICANTS SIGNATURE: _____ WITNESSES: _____

COMPLETED FORMS AND PROOF OF PAYMENT MUST BE FORWARDED TO THE FOLLOWING:

- 1. **POSTAL:**
Nazeem Adams COACHING EDUCATION MANAGER , P.O BOX 66, NEWLANDS, 7725
- 2. **E-MAILED:** Nazeem Adams - nazeem@wprugby.co.za