



Feb – June 2026

**TO: ALL RUGBY ORGANISERS**

**CLUBS, HIGH SCHOOLS AND PRIMARY SCHOOLS**

Dear Sir/Madam

## **World Rugby (WR) LEVEL 1 & 2 FIFTEENS COURSES**

### **COURSE DESCRIPTION**

Deliver aspects of coaching sessions under direction.

### **WHO IS IT FOR?**

Coach of a group of players working under the guidance of a head coach, coaching coordinator.

### **ATTENDANCE OR ACCREDITATION**

Attendance (LEVEL 1)

### **ON SUCCESSFUL COMPLETION OF THE COURSE A COACH WILL BE ABLE TO:**

- Identify playing positions, methods of scoring and attack and defense.
- Apply the principles of rugby to the play of a team.
- Identify skill faults.
- Plan a session.
- Deliver a session.
- Apply risk management and ethics
- Laws of the game

**MINIMUM DURATION 8 HOURS**

**PREREQUISITE**

- Over 18 years of age

That you are registered on to World Rugby Passport [passport.world.rugby/](https://passport.world.rugby/) and complete the following online tests:

- Rugby Ready
- Concussion for General Public
- Introduction to Coaching (See Coach Education)
- Key Factor Analysis
- Safeguarding Essentials

- A requirement is to send me copy of certificates of all the above

**NB: FAILURE TO COMPLETE THE ABOVE ONLINE TESTS WILL RESULT IN YOU NOT BEING ELIGIBLE TO RECEIVE A CERTIFICATE FROM WORLD RUGBY, EVEN THROUGH YOU MAY HAVE ATTENDED THE COURSE.**

**LEVEL 1 WR COACHING COURSE**

**\*This is a 1-day course**

<b>COURSE 1</b>			
<b>Day</b>	<b>Date</b>	<b>Venue</b>	<b>Time</b>
Friday	06 February 2026	Newlands	12h00 – 19h00
Friday	10 April 2026	Newlands	12h00 – 19h00
Friday	15 May 2026	Newlands	12h00 – 19h00
Friday	19 June 2026	Newlands	12h00 – 19h00

**Dress: Track Suit / Shorts**

**Fee: R350.00**

**Closing Date: One week before course take place**

For any further queries regarding the coaching courses please do not hesitate to call Nazeem Adams on 0825319712 or send an e-mail to [nazeem@wprugby.co.za](mailto:nazeem@wprugby.co.za)

Yours in Sport

**Nazeem Adams**  
**Manager Coaching Education**

## **LEVEL 2 WR COACHING COURSE**

### **COURSE DESCRIPTION**

Plan, deliver and review coaching sessions.

### **WHO IS IT FOR?**

Coach of a group or team of players e.g. youth club coach, club coach, teacher, representative coach and talent development coach.

### **ATTENDANCE OR ACCREDITATION**

Accreditation- competency based assessment using formal transcript.

### **ON SUCCESSFUL COMPLETION OF THE COURSE A COACH WILL BE ABLE TO:**

- Develop Coaching Values and Philosophy.
- Identify different coaching styles
- Understand technical and tactical coaching. Principles of play
- Plan and review of practical session.
- Plan an attack and defense session
- Do a practical coaching task on starts and restarts.
- Do a practical coaching task on scrums and lineouts
- Building a team culture
- Develop a personal coaching plan

### **MINIMUM DURATION**

Two-day course attendance, 6 game diary and a live assessment visit after attending the L2C15

### **PREREQUISITES**

- Be actively coaching a team.
- Over 18 years and older.
- Complete online tests at World Rugby Passport
- After attending the L215 you need to complete a 6-game coaching diary before final practical assessment

**All the following online tests must be completed before attending the course:**

1. **Laws online module**
2. **Concussion for General Public**
3. **Keep Rugby Clean**
4. **Functional Roles Analysis**
5. **Safeguarding Essentials**

- **A requirement is to send me copy of certificates of all the above**

**NB: FAILURE TO COMPLETE THE ABOVE ONLINE TESTS WILL RESULT IN YOU NOT BEING ELIGIBLE TO RECEIVE A CERTIFICATE FROM WORLD RUGBY, EVEN THROUGH YOU MAY HAVE ATTENDED THE COURSE.**

## LEVEL 2 WR COACHING COURSE

\*This is a 2 day Course

COURSE 1			
Day	Date	Venue	Time
Friday	13 Feb 2026	Newlands	12h00 – 19h00
Saturday	14 Feb 2026	Newlands	08h00 – 15h00

**Dress: Track Suit / Shorts**

**Fee: R600.00**

**Closing Date: One week before course takes place.**

### PAYMENT DETAILS FOR LEVEL 1 & 2 WR COACHING COURSES

The following is very important:

- EFT made out to W.P Rugby Football Union or a bank transfer is acceptable.  
Banking details: Standard Bank Rondebosch  
Account Number: 071510249  
Branch code: 025009  
Reference: Write Coach then (Name & Surname)

**No cash will be accepted at the coaching course.**

Proof of payment must be E-mail to [nazeem@wprugby.co.za](mailto:nazeem@wprugby.co.za)

***No application forms will be accepted without the registration form and Proof of payment submitted together.***

*Applications and payments to be done a week before the course takes place.*

- No late applications will be accepted.
- Please use the Reference COACH (Name & Surname) when doing payments. (Example: Coach Nazeem Adams)**

For any further queries regarding the coaching courses please do not hesitate to call Nazeem Adams on 0825319712 or send an e-mail to [nazeem@wprugby.co.za](mailto:nazeem@wprugby.co.za)

Yours in Sport

**Nazeem Adams**  
**Manager Coaching Education**

**LEVELS 1 & 2 WR COACHING APPLICATION FORM & COACHING PROFILE**

Please complete in block capitals

<b>Course date</b>		<b>Course Venue</b>	
<b>Course Level</b>	<b>One</b>	<b>Two</b>	
<b>School/Club:</b>			
<b>Surname:</b>		<b>First Name(s)</b>	
<b>Address:</b>			
			<b>Postal code:</b>
<b>Tel (H/W)</b>		<b>Cell No.</b>	
<b>E-mail</b>		<b>Fax No.</b>	
		<b>ID Number No.</b>	

**Please specify main coaching commitment**

<b>Mini-rugby</b>		<b>Junior u/12-u/16</b>		<b>Youth u/17-u/19</b>		<b>Senior</b>		<b>Women's Rugby</b>	
<b>Boksmart accreditation</b>	<b>Yes</b>			<b>No</b>					
<b>Boksmart No.</b>									

<b>Current coaching commitments</b>	

<b>Coaching history &amp; other rugby achievements.</b>	

<b>Playing history &amp; position</b>	

I, the undersigned \_\_\_\_\_

**Acknowledge and confirm:**

1. That I shall attending the course at my own risk and
2. That the WPRFU shall not be liable for any claim, irrespective of the nature, and/or any other damages, which I may suffer as a result of, or incidental to, my attendance at the said course.

**Signed at:** \_\_\_\_\_ **on this** \_\_\_\_\_ **day of** \_\_\_\_\_ **year** \_\_\_\_\_

in the presence of the undersigned witness.

**APPLICANTS SIGNATURE:** \_\_\_\_\_ **WITNESSES:** \_\_\_\_\_

**COMPLETED FORMS AND PROOF OF PAYMENT MUST BE FORWARDED TO THE FOLLOWING:**

1. **POSTAL:**  
Nazeem Adams COACHING AND EDUCATION MANAGER, P.O BOX 66, NEWLANDS, 7725
2. **E-MAILED:** - [nazeem@wprugby.co.za](mailto:nazeem@wprugby.co.za)